












2015 Camp Wheeler Advancements - Week 3



Aquatics	<p>Spirit of the Water</p>  <p>Character Development Leadership Outdoor Skills & Awareness Participatory Citizenship Personal Fitness</p>	<p><i>Wolf Elective Adventure: Floats and Boats</i></p> <ol style="list-style-type: none"> 1. Explain to your den leader why swimming is good exercise. (All) 2. Explain the safety rules that you need to follow before participating in swimming or boating. (All) 3. Show how to do a reaching rescue. (Red and Blue Fish) 4. Visit a local pool or public swimming area with your family or Wolf den. With qualified supervision, jump into water that is at least chest-high, and swim 25 feet or more. (Red and Blue Fish)
Camping	<p>Call of the Wild</p>  <p>Character Development Leadership Outdoor Skills & Awareness Participatory Citizenship</p>	<p><i>Wolf Required Adventure: Call of the Wild</i></p> <ol style="list-style-type: none"> 2. Show how to tie an overhand knot. 3. With your family or den, make a list of possible weather changes that might happen on your campout according to the time of year you are camping. Tell how you will be prepared for each one. 4. Show that you are ready to be a Wolf Scout by demonstrating what to do for the following: <ol style="list-style-type: none"> a. A stranger approaches you, your family, or your belongings. b. A natural disaster such as an earthquake or flood happens. c. Before eating, you wash your hands properly to keep yourself safe. 6. On the campout, participate with your family or den in a campfire show. Prepare a skit or song, and then present it at the campfire for everyone else.
Games	<p>Code of the Wolf</p>  <p>Character Development</p>	<p><i>Wolf Elective Adventure: Code of the Wolf</i></p> <ol style="list-style-type: none"> 1. With the members of your den or family, make a game with simple materials that requires math to keep score. 2. With other members of your den or family, identify three different types of shapes that you see in nature.

Health, Safety, & First Aid	<p>Germs Alive!</p>  <p>Character Development</p>	<p>Wolf Elective Adventure: Germs Alive!</p> <ol style="list-style-type: none"> 1. Wash your hands while singing the "germ song."
Hiking	<p>Paws on the Path</p>  <p>Character Development Outdoor Skills & Awareness Participatory Citizenship Personal Fitness</p>	<p>Wolf Required Adventure: Paws on the Path</p> <ol style="list-style-type: none"> 1. Tell what the buddy system is and why we always use it in Cub Scouts. 2. Describe what you should do if you get separated from your group while hiking. 3. Choose the appropriate clothing to wear on your hike based on the expected weather.
Scouting Skills	<p>Finding Your Way</p>  <p>Character Development Outdoor Skills & Awareness Personal Fitness</p>	<p>Wolf Elective Adventure: Finding Your Way</p> <ol style="list-style-type: none"> 1. Do the following: <ol style="list-style-type: none"> a. Identify what a compass rose is and where it is on the map. b. Use a compass to identify which direction is north. Show how to determine which way is south, east, and west. 2. Go on a scavenger hunt using a compass, and locate an object with a compass. 3. Using a map and compass, go on a hike with your den or family.
Sports & Physical Fitness	<p>Running with the Pack</p>  <p>Character Development Personal Fitness</p>	<p>Wolf Required Adventure: Running with the Pack</p> <ol style="list-style-type: none"> 1. Play catch with someone in your den or family who is standing 10 steps away from you. Play until you can throw and catch successfully at this distance. Take a step back, and see if you can improve your throwing and catching ability. 2. Practice balancing as you walk forward, backward, and sideways. 3. Play or sport or game with your den or family, and show good sportsmanship.

Sports & Physical Fitness	<p>Paws of Skill</p>  <p>Character Development Outdoor Skills & Awareness Personal Fitness</p>	<p><i>Wolf Elective Adventure: Paws of Skill</i></p> <ol style="list-style-type: none"> 1. Talk with your family and den about what it means to be physically fit. Share ideas of what you can do to stay in shape. 2. With your family or your den, talk about what it means to be a member of a team. Working together, make a list of team sports, and talk about how the team works together to be successful. Choose one and play for 30 minutes. 3. With your den, talk about sportsmanship and what it means to be a good sport while playing a game or a sport. Share with your den how you were a good sport or demonstrated good sportsmanship in Requirement 2.
	STEM	<p>Air of the Wolf</p>  <p>Character Development</p>
<p>Digging in the Past</p>  <p>Character Development</p>		<p><i>Wolf Elective Adventure: Digging in the Past</i></p> <ol style="list-style-type: none"> 1. Make a dinosaur dig. 2. Be a paleontologist, and dig through the dinosaur digs made by your den. Show and explain the ways a paleontologist works carefully during a dig.
Visual & Performing Arts	<p>Howling at the Moon</p>  <p>Character Development Outdoor Skills & Awareness</p>	<p><i>Wolf Required Adventure: Howling at the Moon</i></p> <ol style="list-style-type: none"> 1. Work with your den to create an original skit. 2. Work together with your den to plan, prepare, and rehearse a campfire program to present to your families at a den meeting. 3. Practice and perform your role for a pack campfire program.